

**Conversations with Solomon at The Salt Creek Café Series**  
**Message # 3: How Can I Make The Most Of My Time?**

Core Group Discussion Guide

February 3, 2019

**Message Overview:**

- In America we have more time saving devices than any other country and yet nobody complains about a lack of time more than Americans do.
- I'm not going to tell you how to get twice as much work done in less time.
- I already think most of you have schedules that are far too crammed.
- I want to talk with you about how you can make the most of your times that are out of your control.
- We're always looking for the latest time saving tip –  
***What's going to help me make it through my day?***
- Today, we're going to look at ... **How can I make the most of my time?**
- **Ecclesiastes 6:12** (TLB) – “...*Who can say how one's days can best be spent?*”
- Solomon in Ecclesiastes 3 gives **FIVE KEYS** to making the most of your time.

**Text:** Ecclesiastes 3:1-14; 6:12

**Questions for Discussion:**

- **OPEN IT –**
  1. What was your favorite season as a child? Why?  
Which is your favorite season now?
- **EXPLORE IT –**
  1. In what ways do you find the seasons of your life **comforting**?  
In what ways are they **concerning**?
  2. Do you feel that time is moving **too fast** or **too slow**? Why?
  3. Even though we do not typically live in an agricultural setting today (I apologize to all the farmers in our congregation for saying that), what are some ways our lives mirror the times and seasons in Ecclesiastes 3:2-8?
- **GET IT –**
  1. Were there trying times in your life that you did not understand at that time, but as you look back, you can see God's purpose in all of it?  
What were they, and how did God use them?
  2. How can you trust God during painful times that you do not understand and cannot possibly see how they might be used as part of His plan?
  3. How can the fact that Christ experienced the same frustrations we feel help us deal with difficulties in our lives?
- **APPLY IT –**
  1. What are some indicators in our life that we were made for more than time and were meant for eternity?
  2. How does knowing that God has a grand plan help you enjoy life now?  
What are some things you need to enjoy more deeply in light of that reality?