

This Sacred Body
Core Group Discussion Guide
October 28, 2017

Message Overview:

Our bodies are sacred, which means they are connected with God. It also means they deserve honor and care. In our text for this morning, Paul reminds us that sexual sin degrades what is sacred. But more than that, we are given a picture of incredible connection with God through our bodies and God honoring sexuality. My hope for this morning is that the Spirit of God inspires us through his Word and discussion to find joy and healing in Christ through a greater understanding of God's plan for our sexuality.

For the discussion questions, I have broken the discussion down into four categories that allow you to take the discussion in several directions. Note: Many of these questions were taken from a Bible Study put together by David Platt.

Text:

- I Corinthians 6:12-20

Questions for Discussion:

1. What stood out to you from this morning's message?

Conversation Regarding Godly Sexuality and Interaction With Those Outside the Church:

2. While there are clear prohibitions to sexual activities outside of marriage, the Bible does not view sexuality negatively. What is the biblical picture of sexuality? How can we show confidence and joy in the biblical model of sex and sexuality?
3. How do we hold ourselves to a higher standard without seeming humorless, uptight, or judgmental? How would you respond if you were with a group of people who were watching a movie that caused you feel uncomfortable or if the people you were around made off-color jokes? How do you exhibit grace in these situations?

Discussion on How We Experience Forgiveness:

4. In light of the gospel, how do we receive and rest in the forgiveness of Christ? How do we forgive others and ourselves for sexual sin? How we handle shame and guilt over past sins? How do we find healing in Christ?

Discussion for Married Christians:

5. Why is inappropriate emotional attachment outside of marriage wrong?
6. How can we protect our marriages from this type of activity?
7. While we may not recapture the initial "head over heels" excitement and attachment experienced at the beginning of a marriage, what can you do to invest in the emotional health of your marriage?

Discussion Questions for Single Adults:

8. How can single men and single women in a friendship or in a dating relationship glorify God with their sexuality?